



Shaon Primus, AMFT

Residential Therapist

Meet Shaon Primus, AMFT— West Ridge Academy Residential Therapist.

Shaon Primus is an associate marriage and family therapist. Originally from Brooklyn New York, Shaon earned his associates and bachelor's degree in criminal justice. He then went on get his master's degree from North Central University.

Shaon has been working in the mental health field for over ten years. His focus has been working with adolescents, juveniles, and adults—all in group homes, residential treatment centers, DCFS, and has been a case manager. Early on, Shaon specialized in child and family therapy. He facilitates individual therapy, group therapy, couples therapy, and marriage therapy.

Shaon is familiar and connects well with clients who struggle from trauma, addiction, grief or loss, identity issues, and those in need of help finding goals in life and discovering new coping skills. He is very passionate about his profession, as well as his ability to help others who are experiencing pain and suffering.

He believes that only through a process of confronting the challenges we face, can we really deal with the problems that beset us. He feels honored to have worked with previous clients along their path of healing and recovery, and looks forward to working with those who are in need of his services.

Shaon enjoys his family time and spending it with his two little dogs. He loves outdoor time—especially fishing, and enjoys playing basketball, and boxing.