



Melinda Talbott, LMFT

Boys' Campus Therapist

Meet Melinda Talbott, LMFT— West Ridge Academy Boys' Campus Therapist.

Melinda enjoys helping people to identify healthy ways of dealing with life's up and downs as well as understanding how their decisions can have a ripple effect. She enjoys watching for those "ah-ha" moments that change a person's life.

Melinda has worked with substance abuse, sexual abuse, attachment issues, trauma, mental health, and relationship issues. She has enjoyed working with people for many years in many capacities and environments. She feels that it's important for people to find joy and peace in their lives and strongly believes we are all worthy of this. Sometimes we need assistance to work through our life lessons that are continually provided for us to move forward and find happiness.

Melinda has earned her Master's degree in Marriage and Family Therapy and has worked with individuals from ages 5 to 95. She has worked in settings such as hospitals, residential treatment centers, youth schools, adult schools and private practice.

When she's not working, Melinda enjoys spending time with her kids, family members, and friends. She enjoys a good movie, casual hikes, and spending time relaxing in nature or hanging out at the ocean with friends and family. She also likes to travel and try new things. Melinda is a firm believer in having fun and enjoying things that make life worth living.