



Susan Scott,
PMHNP AND FNP (APRN)
Day Treatment Therapist

Meet Susan Scott, PMHNP and FNP (APRN)— West Ridge Academy Medication Manager.

Susan provides psychiatric care (medication management) while teens are in treatment at West Ridge Academy. She sees the role of medication as supportive—some adolescents have mood disorders or neurologic conditions that get in the way of being able to make good progress and change. She has a vast, up-to-date knowledge of psychiatric care (medication management) to help remove those barriers. Susan counsels with teens and their parents and helps them understand when medication is an appropriate tool and when they would be better served making behavioral changes.

Susan loves working with the troubled teens at West Ridge Academy because she gets to see the changes that they make in their own lives as they accept responsibility for their actions.

She says, “I enjoy being a part of their journey, especially when they learn how their choices impact themselves and the lives of those around them. When they start to make good choices, they become happier and find that they can make more good choices, and that a life lived with integrity is easier and has greater potential for joy. This is such a pivotal time, and I love being part of their change for good.”

Susan is the parent of three children and loves being a mother. In her limited spare time she enjoys doing almost anything outside—especially sports involving water.